



March, 1986
Vol. 2, No. 4

NEXT MEETING

Friday, March 21, 1986
Sierra Inn, 2600 Auburn Blvd.
6:30 p.m. - 9:15 p.m.
RSVP by March 18. Call
973-1093 (leave message)

6:30 - 7:30 p.m. — Dinner
7:30 - 8:00 p.m. — Program
8:00 - 9:15 p.m. — Networking

DIRECTIONS: Take Business 80 to Fulton Avenue exit, turn left onto Auburn Blvd., then right into hotel parking lot.

SPECIAL PROGRAM: "How to Cope With PMS on the Job"

SPEAKER: Lesley Schroeder, M.D., co-founder of the PMS Network. She will explain a holistic approach (including diet, nutrition and exercise) on how we can control our body's biochemical changes which are related to pre-menstrual syndrome.

This month we're going to try a new location due to the increasing attendance at our meetings. The Sierra Inn is a newly gay-owned hotel/convention facility. They will be serving a buffet with a choice of two hot entrees and a variety of salads, vegetables, and beverages. There will be a no-host bar (\$1.75 per drink). Cost of the dinner will be \$10.50 for members. (\$15.75 for non-members.) The Sierra Inn also provides a PA system. If we feel more comfortable there, we may make a six-month commitment to have our monthly meetings at the Sierra Inn. So let us know what you think about it.

Last month Roxanne Hardenburgh passed along many helpful hints on maximizing your deductions and tax credits. And Lu Hoge, a former IRS field agent, gave advice on how to avoid an audit and how to conduct yourself if you are audited. Great program! Thanks, Lu and Roxanne.

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Special Events Committee

SACWN and "Pillars of the Community," a men's group similar to ours, are pleased to present a benefit performance of the play "What the Butler Saw," Tuesday, April 8, at 8:00 p.m. at the Sacramento Theatre Company, 1419 H Street, Sacramento.

Socializing prior to the play will be from 6:30 p.m. to 8:00 p.m. with free hors d'oeuvres and a no-host bar. Ticket price is \$12.50.

Proceeds will benefit WEAVE (a "safe house" for battered women and children), the Sacramento AIDS Foundation and Womankind Health Clinic. Tickets will be sold on a first-come, first-served basis, so order soon to ensure your attendance. To order tickets, please complete the following form and mail with check (payable to SACWN) to SACWN, P.O. Box 661332, Sacramento, CA 95866. Tickets will be mailed to you, so allow time for return mailing.

Classified

Logo, business card, signage and window design. Julia Richardson, 424-2748.

To Advertise: Advertisements accepted on community events, businesses, rentals and sale items.

RATES: Classified—20¢ per word; Display—\$10.00 per column (vertical) inch; Camera-ready business card—\$20.00.

All ads must be received in writing with your phone number and check payable to SACWN by the 15th of the month. Send to: Word Craft Typesetting, 4800 Manzanita, #10, Carmichael, CA 95608. Call Paula at 489-9673 for further information.

Ticket Order Form:

"What the Butler Saw"

\$12.50 per ticket

Name: _____

Mailing Address: _____

Contact Phone: _____

Tickets _____ Amount Enclosed _____

**Mail, with check payable to SACWN, to SACWN,
P.O. Box 661332, Sacramento, CA 95866**

Application for Membership

Name: _____
Last First Middle Initial

Mailing Address:

Street

City

State

Zip Code

Sacramento Area Career Women's Network

Phone: Hm () _____ Wk () _____

Career Interest: _____

Applications should be mailed, with check for \$10 payable to
SACWN, to:

SACWN

P.O. Box 661332, Sacramento, CA 95866